Pre-Operative Instructions

A Preop Nurse will attempt to call you to review your medical history and instructions.

- **What to bring to SDS:** Identification and insurance information
- **Arrival time:** In order to prepare you for surgery, please report to the hospital 2 hours before your scheduled surgery time.
- **Food:** DO NOT eat or drink anything after MIDNIGHT prior to your surgery unless otherwise instructed by your doctor. No chewing gum or candy/mints are allowed. Your surgery may be cancelled or delayed if these instructions are not followed. Unless otherwise instructed by your doctor, you typically will maintain a normal diet the day before surgery.
- **Medications:** If instructed to take medications on the day of your surgery, then take medication with a small sip of water. Bring your current medication list, including dosages.
- **Valuables:** Avoid bringing jewelry or money.
- **Removable items:** Contacts, eyeglasses, jewelry/body piercings, dentures, hairpieces and hearing aids must be removed prior to surgery. Bring an appropriate storage container. Notify your admission nurse if you have any of these items.
- **Ride:** You must arrange for a ride home after surgery. You may not drive yourself home. Provide ride contact information to your admission nurse.
- **Health:** If you have a change in your general health such as a cold, flu, persistent cough, fever or runny nose, call your surgeon as soon as possible. If you have an injury, rash or infection to the area of surgery, then also notify your surgeon.
- **Avoid** smoking and drinking alcohol the day before surgery.
- **Do not apply** lotions, powders or perfume/cologne.
- **Avoid wearing** nail polish and excessive make-up.

Visitor Information

During the time you are in surgery, your visitors may wait in the waiting area. Visitors are welcome to stay with you before and after surgery.

What to Expect on the Day of Surgery

Your day begins at our SDS registration. Our registration team will verify your current information and put your name band on.
The nursing staff will bring you to the preop area and your height and weight will be taken.

This is your private preop room. You will be asked to change into a hospital gown and relax on the bed. We will offer you a warmer for your comfort. Your vital signs, including blood pressure, will be taken, and your assigned Registered Nurse (RN) will review your medical history. A physical assessment will be done, including listening to your heart and lungs. Please notify your nurse as soon as possible if you have any internal devices such as a Pacemaker/AED or insulin pump. Your doctor may order medications to be given to you before surgery. Any tests such as an EKG (test of your heart) or lab test ordered by your doctor will be done in this area. Your nurses and doctors will be available to answer any questions you may have. Your comfort and satisfaction is our priority, so please let your nurse know how your needs can be met.
Your nurse will start your intravenous (IV) fluid. It is usually placed on your hand or forearm. This allows easy access to give you any ordered medications and fluids.

You will meet your Operating Room (OR) nurse and anesthesia provider. Please inform your anesthesia provider if you ever experience nausea after surgery or other problems with anesthesia. Your surgeon should also be available to answer any questions and place a surgical mark on the operative site if appropriate.
Once all of the required safety checks are made, you will be brought to the operating room by your OR nurse. You may receive sedation medication from your anesthesia provider prior to entering the operating room. You may not remember entering the operating room.

This is the operating room. You will be placed on monitors. Because the area is a sterile environment, the OR team will be wearing face masks, caps, gloves and uniform scrubs. Your surgical team consists of your surgeon, anesthesia provider/doctor, OR nurses, scrub nurses and other necessary personnel. Every member on the team has an assigned role to make your surgical experience safe and successful. After surgery, you will be brought to the Post Anesthesia Care Unit (PACU) by your OR nurse and anesthesia provider.
This is the PACU, or recovery area. When you wake up, you will be connected to monitors. You may have an oxygen mask on your face. You will monitored by your PACU RN. Your nurse will make sure you wake up as comfortably as possible. Although your doctors will have given you anesthetic medication to numb the surgical area, you may still have some discomfort. Please let your nurse know if you have any pain. At the SDS, we use a pain scale from 1-10 (1 is the least pain and 10 is the highest pain). Some patients may experience nausea after anesthesia. It is important to tell your nurse if you have nausea or pain so you may be treated as soon as possible.

Expected recovery time is 1-2 hours. Your nurse will determine when you meet the requirements for discharge. Discharge instructions and medications will be reviewed with you.
You are on your way home. You must have a ride arranged for transport home. It is not unusual to feel sleepy for the remainder of the day, so rest at home. You may not drive or operate machinery for 24 hours after surgery or if you are still taking narcotic pain medication. Take any ordered medications as directed. You should have someone at home to help you with your needs. Unless otherwise instructed by your surgeon, you may have light meals. Avoid eating large amounts, or greasy or spicy foods to minimize the risk of nausea. Keep the surgical dressing clear and dry. You should arrange for a follow-up appointment with your surgeon. For any problems such as uncontrolled pain, bleeding, continued nausea or vomiting, fever/chills or any other concerns, call your surgeon. For emergencies, go to the nearest emergency room.

Mahalo! We look forward to serving you!
Parking & Directions

Parking

Self-parking is available for patients and visitors at the Miller Street Garage and the Physicians’ Office Building I located at 1380 Lusitana Street. Validation for free self-parking is available on your day of admission and discharge only. Valet parking is available for patients at the Same Day Surgery Entrance. Validated rates apply.

To the Queen’s Same Day Surgery Center from Punchbowl Street

- **Enter from Punchbowl St.** to the patient pick-up, drop-off area or Miller Garage Parking Garage
- **SDS entrance** is located to the left of the main lobby

From the Physicians’ Office Building I Garage

- **Take elevator** to the 1st level and follow the long hallway to The Queen’s Medical Center
- **Turn right** at the end of the hallway
- **Pass** the Queen Emma Tower elevators, then turn left
- **Turn Right** immediately and follow the hallway (with the wood floor) until you reach end
- **Turn Left** and take the Pauahi Elevators to the Ground Floor.
- **Exit left** from the elevators
- **Exit the building** and turn right. SDS Entrance will be on your right

Registration

To expedite your service, please call to pre-register at (808) 691-4960

Mondays – Fridays 8:00 AM – 4:30 PM

Saturdays 8:00 – 12:00

Please have your insurance information ready.

Financial Information

As a courtesy to patients with medical insurance coverage, The Queen’s Medical Center will submit a claim to your insurance company. Not all insurance companies pay in full. You may be responsible for the amount not covered by your insurance. You may receive a call from the Registration Department to discuss your estimated insurance coverage and the estimated cost to you.